



Redefine, Realign, and Redesign Your Life from the Inside Out!

Worksheet

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1. **Self Realization:** Identify the issue you decided to address:

2. **Make a Quality Decision:** Identify the barriers.

3. **Renew your mind:** What positive statements will you begin to declare?

4. **Boundaries:** What are some people, places and things you need to keep out of your yard?

5. **Protection from Over Exposure:** How will you assert yourself from negative influences?

6. **Say Goodbye to the Past:** What are some things you will need to release from your past?

7. **Take Correction and Receive Correction:** What suggestions or convictions have you still not accepted?
